



# Eastern CT Summer Camp Workshop

Wednesday  
January 14th, 2026  
7:00pm  
Via Zoom

**Join us to hear from summer camps and recreation programs from Eastern Connecticut for children and adults with special needs and disabilities:**

- Camp Quinebaug: For school age children and young adults with disabilities.
- Camp Horizons: Recreational camp respite for children and adults with disabilities, summer camp, and weekend respite opportunities.
- Camp Courage: For children, teens, and young adults ages 8-25 diagnosed and living with Epilepsy.
- Mansfield Holiday Hill Day Camp: Offers an individualized needs program that is structured to help kids have fun, keep active, make friends, and grow strong.
- Camp Harkness Programs: Will go over 4 programs that use grounds during the summer for disabled adults.
- Groton Parks & Recreation: Has an inclusive camp with criteria as well as a special needs camp for Groton residents.
- Camp Cuheca: Specializes in Adventure and Animal Therapy for youth ages 5-18 that need individualized support and extra adult supervision.

**Register Here:**

<https://us02web.zoom.us/meeting/register/JQpK385oRqyn1GTUP2rHTA>

For questions please contact:  
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